

September 2011



# OVER THE FENCEPOST

## Office Relocation and Open House

I am excited to announce that my office recently moved to a new location in the Woodbine Shopping Center which is located at the intersection of Hoadly Road and 234/Dumfries Road. The location of the new office is more accessible than my previous office and will allow citizens greater and easier access to the services my office provides.

I'd like to welcome you to attend my upcoming open house on Friday, September 23rd, from 3:00 to 6:00 p.m. to visit the new office and say hello. For more information, call my office at (703)792-4620. I look forward to seeing you!

## PWC #13 Nationwide for Job Growth



It was recently announced that Prince William County is ranked #13 among counties nationwide for job growth from 2000-2010 by CNN Money. During that time period, according to money.cnn.com, Prince William County experienced a job growth rate of more than 40 percent, with the growth rate increasing more than 7 percent between 2009 and 2010. The ranking is featured in the magazine's annual "Where the Jobs Are" list, which ranked Prince William County #17 in 2010 and #23 in 2008.

Highlighting the strengths of Prince William County, CNN Money described Prince William County as "business-friendly" and expounded the benefits of Innovation Technology Park, the County's proximity to Dulles and the AAA bond rating awarded to the County by all three major rating agencies.

CNN Money noted that "[a]s many municipalities across the nation are slashing budgets and watching debt pile up, Prince William County has weathered the recession and scored top marks from all three credit rating agencies." According to CNN Money, "only counties where each Best Place within it was also experiencing job and population growth, and where unemployment was below the national average, were considered. No more than two places within a state could qualify."

## Planning Commission Approves Dog Park

The Park Authority has plans to bring a one-acre off-leash dog park to the county. The dog park will be located on Sturbridge Road, near the intersection of Minnieville Road and Colby Drive. On September 7, the Planning Commission voted unanimously to approve the Park Authority's plan, finding it consistent with the County's Comprehensive Plan.



The Park Authority is now developing the park's master plan. In March, the Park Authority Board approved leasing the park land from the Lake Ridge Parks and Recreation Association for \$1 per year. Park Authority staff estimates the cost of building the park fence to be around \$12,000, but Park Authority Board members noted that public money will not be used for the dog park and that all of the funding for the park will need to be raised by a dog park support group. If you would like to make a donation toward the construction of the dog park, contact my Legislative Aide Candi Choi and she will assist you.

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### In this edition:

Office Relocation/Open House (1)
PWC #13 for Job Growth..... (1)
Dog Park Given Go-Ahead..... (1)
Notary Services Now Offered.. (2)
Senior Center Month..... (2)
Walk for the Homeless ..... (2)
County Earns Energy Star..... (2)
Animal Shelter Open House ... (2)
Student Housing Safety ..... (3)
Living Well with Diabetes..... (3)
Contacts..... (4)
Ways to get Involved..... (4)

## Coles District Office Now Offers Notary Service

My office now offers notary public services during our normal business hours of 9:00 a.m. to 5:00 p.m. For more information or to schedule an appointment, contact my Chief of Staff, Delain Moyers, at (703)792-4621 or [dmoyers@pwcgov.org](mailto:dmoyers@pwcgov.org).



## September is National Senior Center Month

The Prince William Area Agency on Aging will celebrate National Senior Center Month throughout September. The Senior Centers are located in Manassas, 9320 Mosby Street; and in Woodbridge, 13850 Church Hill Drive. Anyone age 55 and over can become a member of the Senior Centers.

The Senior Centers have a wide variety of activities and classes for adults including acting, dancing, computers, gardening, wood carving, belly dancing, Zumba, aerobics, quilting, book clubs, games, cards and much more. There are also educational forums offered on topics of interest to seniors such as Medicare, Social Security, health promotion and memory. In addition, there is also time to talk and enjoy the company of others. Lunch is served each day, with a sliding scale payment.

For a complete listing of classes and activities at the Senior Centers, visit [www.pwcgov.org/aoa](http://www.pwcgov.org/aoa) or contact the Manassas Senior Center at (703)792-6405 or the Woodbridge Senior Center at (703)792-5081.

## NVFS and SERVE Host Community Walk for the Homeless

Join Northern Virginia Family Service (NVFS) and its SERVE campus on Saturday, September 24, for a one-mile Community Walk for the Homeless. The walk will begin at 12:30 p.m. at Harris Pavilion located in Old Town Manassas with check-in beginning at 11:00 a.m.

NVFS has been selected as a beneficiary of the 24th Fannie Mae Help the Homeless Program. Through a series of events this fall, NVFS will be reaching out to promote community awareness of homelessness in Northern Virginia.

More information and registration, visit [www.nvfs.org/manassaswalk](http://www.nvfs.org/manassaswalk).



## Public Works Earns Energy Star for 3<sup>rd</sup> Year

The Department of Public Works has earned the U.S. Environmental Protection Agency's (EPA's) prestigious ENERGY STAR for the Dr. A.J. Ferlazzo Building for the third year in a row. The Ferlazzo Building, located in Woodbridge, is in the top 25 percent of buildings nationwide for energy efficiency and uses about 40 percent less energy than similar buildings. Only 15,000 buildings nationwide have earned the ENERGY STAR rating since the recognition program began in 1999.



In recognition of this commitment to efficiency, Public Works sponsored an energy conservation poster contest for children.

For more information about the County's efforts to save energy, contact Martha Lueking-Clark with the County's Department of Public Works, Property Management Group, at (703)792-5175 or [mlclark@pwcgov.org](mailto:mlclark@pwcgov.org).

## Animal Shelter to Hold Open House

The community is invited to attend the Prince William County Animal Shelter's Open House that will be held on Sunday, September 25, from 12:00 p.m. to 4:00 p.m.

Take a tour of the shelter, see the animals that are available for adoption, visit vendors and enjoy refreshments. The PWSPCA will also sponsor a rabies vaccination (\$10) and microchip (\$20) clinic, no appointments are necessary. You are also invited to help them stock their pet food pantry by bringing a bag of cat or dog food, monetary donations are also welcome.

For more information, contact the Prince William County Animal Shelter at (703)792-6465.



## Fire and Life Safety Tips for Residents of Student Housing

According to the National Fire Protection Association (NFPA), between 2005-2009, fire departments nationwide responded to 3,840 structure fires in dormitories, fraternities, sororities and barracks. Fires within these group occupancies resulted in an annual average of 3 deaths, 38 fire injuries and \$20.9 million in property damage. Of those fires, 81% involved cooking equipment. Although 9% of the fires began in the bedroom, they accounted for 22% of fire injuries. Reports indicated structure fires within these residences often occurred during evening hours between 5:00 p.m. and 11:00 p.m., and on weekends.

If your child resides in a dorm or an off-campus residence, you should remain adamant in educating them on being aware and practicing fire safety. The Prince William County Department of Fire and Rescue, in conjunction with NFPA, suggests the following safety tips to keep your loved ones safe while they're away at school:

- Learn the building's fire evacuation plan.
- Participate in all fire drills so you know what to do should a fire or emergency occur.
- Leave immediately when you hear the smoke or fire alarm; ***Don't assume it is a drill!***
- Close doors behind you and take your room keys in case you can't escape and you need to return to your room.
- Know the location of all building exits (your building and buildings you visit).
- Make sure your building/dormitory/apartment has smoke alarms inside each bedroom, outside every sleeping area and on each level.
- Always keep a flashlight handy.

### Escape Tips:

- Feel the door before opening, if hot use your second or alternative way out.
- If smoke is present, get low and go under the smoke.
- Use the stairs – ***Never*** use the elevator during a fire.
- If trapped, call 911 and tell them where you are (***learn how to dial out of your building. Some buildings require a 9 or a 1 before you can dial out, i.e. 9-911 or 1-911.***)
- If you become trapped, place rags around the seal of your door and signal from your window you need help.



### Individuals with a Disabilities:

- Prior to the start of the semester, inform Housing and your Resident Advisor that you are disabled.
- Learn the alternative escape plan for classrooms and living quarters.
- Alert others as to the type of assistance you will need to leave the building should a fire or emergency occur and the building is to be evacuated.

And most importantly, ***when a fire occurs, don't lose sight of the primary goal -- everyone goes home.*** Remember:

- Survival is your top priority, not possessions.
- ***Get Out and Stay Out!***
- Know the location of your safe meeting place.
- Notify on-scene fire and rescue personnel that everyone is safely out of the house.

To learn more on how your child and their fellow students can protect themselves from fire, visit the Center for Campus Fire Safety <http://www.campusfiresafety.org/>.

## VCE to Offer Living Well With Diabetes Classes

The Nutrition Program of the Virginia Cooperative Extension Office will offer a series of classes, *Living Well with Diabetes*, on four consecutive Thursday evenings from 6:00 to 8:00 p.m. starting October 13. Classes will be held at the James J. McCoart Administration Building located at 1 County Complex Court in Woodbridge.

Classes are taught by a registered dietitian and a registered nurse with a certified diabetes educator as a guest speaker. Topics include: eating nutrient dense foods to get the most nutrition from your calories, tricks for helping control portion sizes, managing carbohydrates, medications and insulin, and eating out. A light meal is served at 6:00 as part of the class.

The fee for the class is \$40 for the person with diabetes. A spouse or friend, or anyone who wants to learn about a healthier lifestyle, may accompany a person with diabetes for a cost of \$15.

Class registration forms are available at [www.pwcgov.org/vce/nutritioned](http://www.pwcgov.org/vce/nutritioned). For more information, call (703)792-4764 or e-mail [nstegon@vt.edu](mailto:nstegon@vt.edu).



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## Contacts

Governor Bob McDonnell, (804)612-9111  
Lieutenant Governor Bill Bolling, (804)612-9122  
Attorney General Ken Cuccinelli, (804)698-7537

### Federal Representatives

Senator Jim Webb  
(202)224-4024

Senator Mark Warner  
(202)224-2023

Congressman Rob Wittman  
1st District  
(202)225-4261

Congressman Frank Wolf  
10th District  
(202) 225-5136, (703) 709-5800

Congressman Gerry Connolly  
11th District  
(202)225-1492, (703)670-4989

### Prince William School Board

Dr. Michael Otaigbe, Coles District  
(703)791-2475

Milton Johns, Chairman-at-Large  
(571)261-2157

### State Senators

Richard Stuart, 28th District  
(804) 493-8892, (800) 889-0229

Chuck Colgan, 29th District  
(703)368-0300, (804)698-7529

Toddy Puller, 36th District  
(703)765-1150, (804)698-7536

George Barker, 39th District  
(703)301-1426, (804)698-7539

### State Delegates

Bob Marshall, 13th District  
(703)853-4213, (804)698-1013

Scott Lingamfelter, 31st District  
(703)580-1294, (804)698-1031

Jackson Miller, 50th District  
(703) 244-6172, (804)698-1050

Rich Anderson, 51st District  
(804)698-1051, (571)264-9983

Luke Torian, 52nd District  
(703)785-2224, (804)698-1052

## Ways To Get Involved

Coles District Volunteer Fire Department - [www.cdffd.org](http://www.cdffd.org)  
Court Appointed Special Advocates of Greater Prince William - [www.casaofgpw.org](http://www.casaofgpw.org)  
Dale City Civic Association - <http://sites.google.com/site/dccawebsite/>  
Dale City Volunteer Fire Department - [www.dcvfd.org](http://www.dcvfd.org)  
Habitat for Humanity - [www.habitatpwc.org](http://www.habitatpwc.org)  
Lake Jackson Volunteer Fire Department - <http://www.ljvfd.com/>  
Lake Ridge Occoquan Coles Civic Association - P.O. Box 204 Occoquan, VA 22125  
Leadership Prince William - [www.leadershipprincewilliam.org](http://www.leadershipprincewilliam.org)  
Meals-On-Wheels - (703)792-4156  
Mid County Civic Association - [www.midcopw.net](http://www.midcopw.net)  
NAACP of Prince William County - [www.pwnaacp.org](http://www.pwnaacp.org)  
Prince William Chamber of Commerce - [www.pwchamber.org](http://www.pwchamber.org)  
Prince William Conservation Alliance - [www.pwconserve.org](http://www.pwconserve.org)  
Prince William Society for the Prevention of Cruelty to Animals - [www.pwspca.org](http://www.pwspca.org)  
Prince William Soil & Water Conservation District - [www.pwswcd.org](http://www.pwswcd.org)  
Prince William Special Olympics - [www.pwsova.org](http://www.pwsova.org)  
Prince William Neighborhood Leaders Group - [www.pwcgov.org/neighborhoodleaders](http://www.pwcgov.org/neighborhoodleaders)  
Prince William Trails and Streams Coalition - [www.pwtrailsandstreams.com](http://www.pwtrailsandstreams.com)  
Register to Vote - [www.pwcgov.org/vote](http://www.pwcgov.org/vote)  
Virginia Cooperative Extension - [www.pwcgov.org/vce](http://www.pwcgov.org/vce)

If you know of a way for citizens to get involved in the community that is not listed above, send it to us at [dmoyers@pwcgov.org](mailto:dmoyers@pwcgov.org) and we'll add it to the list.



facebook

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